Policy Update Regarding Stimulant Medications

At Burke Mountain Medical Centre, we are committed to providing the highest quality of care and ensuring the safety and well-being of all our patients. To uphold this commitment, we are implementing an important update to our policy regarding the prescription of stimulant medications.

Effective immediately, we will require that all patients receiving stimulant medications have a formal assessment performed by psychologist on file, documenting a diagnosis of Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD).

This policy change is based on our dedication to:

- **Ensuring Accurate Diagnosis:** A comprehensive assessment is crucial for confirming the presence of ADHD/ADD and differentiating it from other conditions with similar symptoms.
- **Promoting Patient Safety:** Stimulant medications carry potential risks, and a thorough evaluation helps us to determine if the benefits of treatment outweigh these risks for each individual patient.
- **Adhering to Best Practices:** Current medical guidelines emphasize the importance of formal assessments in the diagnosis and management of ADHD/ADD.

What This Means for You:

- If you currently receive stimulant medication from our clinic and have a formal ADHD/ADD assessment on file, no immediate action is required.
- If you are currently prescribed stimulant medication and do not have a formal assessment on file, we will work with you to schedule an appropriate evaluation. Continued prescription of stimulant medications will be contingent upon the completion and review of this assessment.
- We understand that this policy change may require additional steps for some patients. We are committed to supporting you through this process and ensuring continuity of care. Our team will be available to answer any questions you may have and provide guidance on obtaining a formal assessment.

We appreciate your understanding and cooperation as we implement this important policy. We believe that this change will enhance the quality of care we provide and ensure the long-term health and well-being of our patients.

Sincerely,

Dr Ali Sanei-Moghaddam MD, CCFP, ABFM, MRCS

Medical Director